



Camp Cottonwood Summer 2008 for children 8-12 years old.



All classes 9:00am-2:00pm. \$175/week with before and after camp option for an additional charge. 38 acre campus with tipi, between Boulder and Longmont.

Call (303) 652-0130 or visit the school to register.

June 14: 10:00am-4:30pm

Mother/Daughter She Who is Becoming – for Sixth through Eighth Grade families

Instructor: Tara King

Share beautiful images and descriptions of the emotional, physical, and spiritual changes occurring during puberty and early adolescence. Take part in craftmaking and end the day in ceremony celebrating womanhood.

Wednesday, June 11; 6:30pm – 9:00pm: Mothers-only preparation evening Fee: \$100 per pair

Week I: June 16-20

Shepherd Valley Backyard Naturalist

Instructors: Lisa and Joe McVicker

Jumping Mouse and the Medicine Wheel: Join us for a field guide tour on our 38 acres of pastoral lands finding animals, birds, insects, plants and minerals. Learn how the sun and the stars play a role in nature. Practice awareness of life around us, through role-playing games, songs and activities. Discover your totem animals. We will work on binocular and compass skills.

Friday, June 20, 7-9pm

Summer Solstice Bonfire

High summer has been celebrated with fire since ancient times. Huge bonfires were lit on the Summer Solstice to help the sun continue to increase rather than to diminish the light it brings. All ages welcome!

Week II: June 23-27

Beekeeping

Instructor: Terra Malmstrom

Bees Live in a Geometric World: Join us in our exploration of the life of bees and their kinship with life. We will experience how bees see and move in the world around them with our handmade kaleidoscopes. We will make sure the bee habitat is intact on our campus, striving to make it a bee sanctuary. If the bees cooperate, we will handle the honey combs and taste some honey.

Week III: June 30-July 3

Woodworking

Instructor: Jim Hannigan

The Arms of the Cottonwoods: Begin a lifelong relationship to woodworking. Join us as we learn

how to work with soft and hard woods. We will participate in a group project as well as create individual projects. Children will learn about the variety of hand tools and how to use them safely.

Week III: June 30-July 3

Rites of Passage for Ages 13-15

Instructor: Iris Kelly Candea

This week will prepare the teens for their Rite of Passage ceremony which will be held off campus July 5-7 with the parents. Make memories for a lifetime! Please ask for more information.

July 7-11 CAMP CLOSED

Week IV: July 14-18

Wildcrafting

Instructor: Joy Kemna

Thistle Down on the Breeze: Join us in an exploration of the abundant varieties of wild herbs and plants on our school campus. We will identify and harvest plants to be used to create healing remedies for ourselves and our animal friends. Our hand-made herbal first aid kits will include a field guide complete with descriptions and botanical drawings. We will share our gratitude to Mother Earth by leaving behind fairy gardens.

Week V: July 21-25

Puppetry

Instructor: Mary Baggott

Pico and the Magic Crystal: Learn the art of puppetry through story, games, nature walks and more. We will make puppets out of plant-dyed fabric. We will create a stage by gathering stones, moss, bark and sculpt mountains out of natural materials. The week will end with the children presenting the puppet play complete with sound effects and lighting for family and friends.

Week VI: July 28-August 1

Folktales

Instructor: Jonathan Davis

Tales Beyond Time: Jonathan will lead the children through folktales from around the world and explore mythical creatures and archetypes through mask making, storytelling and performance. This summer camp offers a unique opportunity for students to integrate visual and sculptural arts with performance and storytelling.

Week VI: July 28-Aug 1, 6:30pm-9pm

Father/Son Drumming Class

Instructor: Jonathan Davis

Faces in the Fire: Students in 6th grade or older will learn the ancient rhythms of African drumming. Share stories and drum around the fire through the evenings. Fee: \$100 per pair

Week VII: August 4-8

Earth Stewardship

Instructor: Valiant Villanueva

The Talking Earth: Campers will experience what it means to be a steward of the Earth through Native American storytelling, outdoor games, and nature activities. Morse code and rope tying are just a few of the skills that will be learned.

EXTENDED DAY OPPORTUNITY

Summer Siesta Story Time

Instructor: Cristina Curran and other

guests. Time: 2:00-3:30, cost \$70 per week

Week I: June 16-20

Week II: June 23-27

Week III: June 30-July 3

Week IV: July 14-18

Week VII: August 4-8

Ignite passion and love for classic children's literature! Learn about the authors, listen to the story, read out loud, and participate in creative activities.

SUMMER FACULTY

Mary Baggott is a former Waldorf Kindergarten teacher, therapeutic educator, artist and puppeteer. She currently works in parent education in private practice and as a volunteer for Boulder Community social services.

Iris Kelly Candea is Afterschool and Summer Camp director at Shepherd Valley. She and her husband have been facilitating Rites of Passage for teens and their families since 1987. Iris and **John Candea** have raised two sons age 14 and 23 in a family tradition of Rites of Passage and respect for nature. John has been practicing acupuncture for over 20 years, as well as teaching Tai Chi Chuan for 28 years.

Jonathan Davis is an arts educator and graduate of Colorado College with a BS in Theatre and Dance. He is co-founder of Express Your Self Dance Studio where he taught creative dance for children of all ages. He is a leader with Surfing the Creative, a Rites of Passage. His mentors include Sage Hamilton, Melissa Michaels, Jan May, Abdoul Doumbia. Jonathan's primary goal is to enliven the next generation of leaders through embodied creativity and inspired self-expression.

Cristina Curran M.S. in Education has 30 years experience as a teacher and parent in public, private and Waldorf schools. Cristina is a private tutor and founder of ***Reading Renewal***, a program of individual instruction for emerging and experienced readers.

Jim Hannigan has a lifelong relationship with woodworking, including home building, cabinet and furniture making. He is a long time parent at Shepherd Valley Waldorf School. He works in atmospheric sciences at NCAR in Boulder. Jim has a wonderful way with the children, as he shares his enjoyment of the woodworking craft.

Joy Kemna is a long time gardener and herbalist. She is on the Board of Directors for Second Start Community Gardens, a non profit that promotes community and earth stewardship through organic gardening. She has practiced herbalism for over ten years, and her striving has been to become intimate with local medicinal plants and receive the healing offered by the plants growing in our own backyards. Joy is a partner in the Biodynamic work at Shepherd Valley. She has worked with children for many years and is a mother of two daughters.

Tara King M.Ed. has worked with families as a birth and parenting educator for over a decade. She works with women of all ages regarding the female fertility cycle and co-creates Coming of Age studies for youth participating in Surfing the Creative International Rites of Passage programs with Melissa Michaels. Through beauty in community, Tara's work honors and blesses new beginning. She parents two daughters, age 10 and 13 years old.

Terra Malmstrom is a Waldorf trained Natural Science teacher at Shining Mountain Waldorf School and mother of two. She is an avid Master (and certified) gardener and beekeeper. She has taught through Project WILD, Project Learning Tree, and is a backyard Wildlife Habitat teacher.

Lisa McVicker assisted Claudia McLaren in her Medicine Wheel Camp during the summer of 2007 and has been an assistant at Boulder Waldorf Kindergarten. She is currently an apprentice to Sage Hamilton, and the beekeeper at Gateway Apprenticeship Program, mentoring children ages 7-11. With her master's work in humanities, and a career in film, television and museum work, Lisa is profoundly moved by the connections among all things. She parents a son, age 8.

Valiant Villanueva is an adventurer of mind, heart, body and spirit. He has served as a youth counselor for inner city kids and as a Peace Corps Volunteer in the South Pacific, meditated in a Thai Buddhist monastery, trekked the Himalayas, surveyed as a Forest Service engineer in Alaska, worked as a mountain and river guide, and created virtual landscapes as a software engineer. His varied dance background includes Shaolin Kung Fu martial arts, and Chinese Lion and Dragon dances. He recently served as an Emergency Medical Technician, and he is currently a Waldorf substitute teacher.